

RESEARCH 101: Everyone Can Do IT

PILOT GRANT PROGRAM

Sponsored by the Kentucky Appalachian Rural Rehabilitation Network (KARRN)

A key goal of KARRN is to promote research and education aimed at enhancing long-term health and quality of life for people with neurological conditions (e.g. spinal cord injury, stroke, brain injury) living in our rural communities. KARRN has received funding through the National Institutes of Health, National Center on Minority Health and Health Disparities that is focused on developing a culture that values community based research as well as supporting those partners interested in conducting a research project.

As part of this infrastructure grant, KARRN is pleased to announce a pilot grant program that is designed to assist community partners to develop research questions focused on enhancing the long-term health and quality of life of persons with neurological conditions living in rural communities.

Members of the KARRN research team welcome the opportunity to work with you to develop your project ideas and methods for completing this project. **All you need is a question and we can help mentor you in developing this idea into a proposal.** If your project is funded we can help mentor you in the process of conducting the project.

In addition, to help assist you with developing a research idea, we have developed a series of training modules that discuss the basics of research which are available on our website (www.karrn.org)

Approved Projects may receive up to \$1000.00 per project.

Proposal Criteria:

1. Proposed activities must begin within one month of funding and conclude within one year of funding.
2. Applicants must be a Kentucky-based organization.
3. Preference will be given to applicants who are community partners of KARRN.
4. Applicants should use person-first language when referring to people with disabilities.
5. Upon acceptance of proposal, up to 50% of the approved amount will be available to the project.
6. The final 50% of the funding will be provided upon receipt of the final report, which must include description of program, results, and evaluation. Final report and invoice must be received no later than one month after completion of the pilot study.
7. Awardees are encouraged to present their work (as a Poster presentation) at the

Annual KARRN Conference.

If you are interested in working with a Mentor to assist you in developing an idea into a proposal, please contact Patrick Kitzman at (859) 218-0580 or email at phkitz1@email.uky.edu.

To apply for the KARRN Pilot Grant Program, please answer the questions in the body of the application form, complete a line item budget page, and mail or email to:

Patrick Kitzman, Director
Kentucky Appalachian Rural Rehabilitation Network (www.karrn.org)
Charles Wethington Building, Rm 208
900 S. Limestone Ave
Lexington, KY 40536 -0200

The completed application must be received by 5 p.m. EST March 30th, 2012. Applications will be reviewed by the panel. Applicants selected for funding will be notified by April 13th, 2012.



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Pilot Grant Program Application

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Project Title:

Brief description of Project (this should be no longer than 2-3 sentences):

Name of Contact Person:

Name of Organization:

Address of Organization:

Phone:

Email:

Amount of Funds requested:

Supporting Information

Project Description (maximum length 8 pages) - The project description should be concise and include clear statements as to the importance of the research area and how the results of proposed activities will lead to further proposal/research development or how this results will have an impact on health, healthcare or quality of life. The Project description should cover the following topic areas (discussion of each area can be found in the KARRN Research 101 modules):

1. **Background** (you can refer to KARRN Research 101 module 2).
 - What topic area are you interested in?
 - Why is this topic important to healthcare or the quality of life for persons with neurological conditions in your area of the state? How does it impact your community?
 - Is there a lot of information in the literature that covers your topic area or is there very little?
 - Are there gaps in knowledge about your topic area?
2. **Proposed Project** (you can refer to KARRN Research 101 modules 3-4).
 - What is your question you want to ask?
 - How will you examine this question?
 - Basic sciences or working with people

- How will you ask your questions? (See Research 101 Module 3)
 - Qualitative Approach
 - Quantitative Approach
 - Complementary Approach

- What will be your methods?
 - Who will do what?
 - What will your sample size be?
 - If applicable, what type of intervention will you use?
 - What type of measurement will you collect?

- If you are working with people you may need to go through the Institutional Review Board (IRB) process. If your facility has an IRB process you will follow their process. All other groups will use the University of Kentucky IRB process. The KARRN mentors will help you with this process.

- How will you analyze your results? (see Research 101 Module 4)
 - Descriptive Analysis
 - Statistical Analysis
 - Qualitative Analysis

3. Estimated timeline for this project?

4. What are your intended outcomes from this project (What do you plan to do with the results of your project)? (you can refer to KARRN Research 101 Module 5)

- Use the pilot information to develop a larger proposal
- Publish the results
- Develop educational materials for distribution.
- Etc.

5. Budget

Provide an itemized budget. The proposed budget should be clearly justified and consistent with the proposed objectives and activities.

Signature of Applicant: _____ Date: _____